

# Nutrition Facts

Serving size 1/2 Cup (85g)

Amount Per Serving

**Calories 45**

% Daily Value\*

Total Fat 0g 0%

Saturated Fat 0g 0%

*Trans* Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

Cholesterol 0mg 0%

Sodium 25mg 1%

Total Carbohydrate 10g 4%

Dietary Fiber 3g 11%

Total Sugars 3g

Includes 0g Added Sugars 0%

Protein 2g 4%

Vitamin D 0mcg 0%

Calcium 26mg 2%

Iron 0.72mg 4%

Potassium 0mg 0%

Vitamin A 80%

Vitamin C 6%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** CORN, PEAS, DICED CARROTS,  
CUT GREEN BEANS, AND LIMA BEANS