

**Nutrition Information:**

|                      |          |                       |       |                      |      |
|----------------------|----------|-----------------------|-------|----------------------|------|
| Serving Size:        | 1 bun=3. | Servings / Container: | 10    | Calories:            | 290  |
| Fat Calories:        |          | Total Fat:            | 4.5 g | Saturated Fat:       | 2 g  |
| Polyunsaturated Fat: | 0.5 g    | Monounsaturated Fat:  | 2 g   | Cholesterol:         | 0 mg |
| Sodium:              | 430 mg   | Total Carbohydrate:   | 53 g  | Total Dietary Fiber: | 2 g  |
| Sugars:              | 9 g      | Protein:              | 10 g  | Vitamin A:           |      |
| Vitamin C:           |          | Calcium:              | 8%    | Iron:                | 15%  |
| Thiamin:             | 45%      | Niacin:               | 20%   | Riboflavin:          | 25%  |
| Moisture:            |          | Ash:                  |       | Trans Fat:           | 0 g  |
|                      |          |                       |       | Net Carbs:           |      |

**Ingredients Statement:**

Flour (Wheat, Malted Barley), Water, Sugar, Palm Oil, Wheat Gluten, Yeast, Milk Powder, Salt, Contains less than 2% of each of the following: Enriched Bleached Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Monoglycerides, Natural Flavors, Dextrose, Calcium Sulfate, Fermented Wheat Germ, Ascorbic Acid, Enzymes, Deactivated Yeast, Turmeric (color), Enriched With (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Preservatives (Calcium Propionate, Propionic Acid, Phosphoric Acid).  
Topping: Water, Pea Protein, Dextrose, Maltodextrin, Modified Food Starch.  
Contains: Wheat, Milk