Nutrition Facts:

Serving Size: 1 roll (88g/3.1oz)	Servings Per Container: 6		
Nutrition	Values	Unit	Daily
Calories	210	kcal	
Total Fat	2	g	3%
Saturated Fat	1	g	4%
Trans Fat	0	g	
Cholesteral	0	mg	0%
Sodium	570	mg	25%
Total Crabohydates	42	g	15%
Dietatry Fiber	2	g	6%
Sugars	2	g	
Added Sugars	1	g	2%
Protein	8	g	
Vitamin D (mcg)	0.8	mcg	4%
Calcium	60	mg	4%
Iron	0.8	mg	4%
Potassium	110	mg	2%
Polysaturated Fat	0	g	
Monosaturated Fat	1	g	
Thiamin	0.23	mg	20%
Riboflavin	0.08	mg	6%
Folate DFE	40	mcg DFE	10%
Folic Acid	0	mcg	

Ingredient Statement:

Flour (Wheat Flour, Malted Barley), Water, Yeast, Potato Flour (Potatoes, Mono and Diglycerides, Sodium Acid Pyrophosphate, Citric Acid), Contains

less than 2% of each of the following: Salt, Sugar, Palm Oil, Ascorbic Acid, Dextrose, Soybean Oil, Corn Starch, Enzymes, Wheat Gluten,

Monoglycerides, Calcium Propionate (Preservative).

Contains: Wheat