Nutrition Facts:

Serving Size: 1 roll (88g/3oz)	Servings Per Container: 6		
Nutrition	Values	Unit	Daily
Calories	220	kcal	
Total Fat	1.5	g	2%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Cholesteral	0	mg	0%
Sodium	480	mg	21%
Total Crabohydates	44	g	16%
Dietatry Fiber	2	g	5%
Sugars	<1	g	
Added Sugars	<1	g	1%
Protein	7	g	
Vitamin D (mcg)	0.2	mcg	0%
Calcium	90	mg	8%
Iron	0.6	mg	4%
Potassium	70	mg	0%
Polysaturated Fat	0.5	g	
Monosaturated Fat	1	g	
Thiamin	0.09	mg	8%
Riboflavin	0.07	mg	6%
Folate DFE	25	mcg DFE	6%
Folic Acid	0	mcg	

Ingredient Statement:

Unbleached Flour (Wheat, Malted Barley), Water, Salt, Contains less than 2% of each of the following: Yeast, Soybean Oil, Sugar, Corn Starch, Wheat

Gluten, Soy Flour, Ascorbic Acid, Enzymes, Calcium Sulfate, Monocalcium Phosphate, Ammonium Chloride, Calcium Peroxide, Calcium Propionate

(preservative).

Contains: Wheat, Soy.