

# Nutrition Facts

Serving Size 4 Puffs (Approx. 56g)

Servings Per Container Approx. 88

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Amount Per Serving

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Calories 160

Calories from Fat 63

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% Daily Value\*

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Total Fat 7g 10.77%

Saturated Fat 1g 5%

Trans Fat 0g

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Cholesterol 5mg 1.67%

Sodium 35mg 1.46%

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Total Carbohydrate 22g 7.33%

Dietary Fiber 2g 8%

Sugars 1g

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Protein 4g 8%

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Vitamin A 0%

Vitamin C 0%

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Calcium 0%

Iron 0%

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\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

## ▲ Ingredients

Wheat Flour, Soybean Oil, Water, Sugar, Non-Fat Dried Milk, Dried Egg Yolks, Salt, Dried Egg Whites, Yeast, and Modified Cellulose.