

Nutrition Facts

Serving Size 1 Flatbread (102g)

Servings Per Container 10

Amount Per Serving

Calories 300

Calories from Fat 54

% Daily Value*

Total Fat 6g 9.23%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 480mg 20%

Total Carbohydrate 52g 17.33%

Dietary Fiber 2g 8%

Sugars 4g

Protein 10g 20%

Vitamin A 0%

Vitamin C 0%

Calcium 10%

Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

▲ Ingredients

Unbleached Unbromated Enriched Wheat Flour [Niacin (B-complex vitamin), Reduced Iron, Thiamin (B1 vitamin), Riboflavin (B2 vitamin), Folic Acid], and Water. Contains 2% or less of each of the following ingredients: Calcium Propionate (a preservative), Corn Syrup Solids, Enzymes, Fumaric Acid, Guar Gum, Salt, Sesame Flour, Sodium Bicarbonate, Sorbic Acid (a preservative), Soybean Oil, Soy Flour, Sugar, Sunflower Oil, Vegetable Monoglycerides, Whole Wheat Flour and Yeast.