

Nutrition Facts

Serving Size 1 Piece – 2.8 oz (79g)

Servings Per Container 10

Amount Per Serving

Calories 230

Calories from Fat 40.5

% Daily Value*

Total Fat 4.5g 6.92%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 320mg 13.33%

Total Carbohydrate 38g 12.67%

Dietary Fiber 2g 8%

Sugars 4g

Protein 8g 16%

Vitamin A 0%

Vitamin C 0%

Calcium 8%

Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

▲ Ingredients

Unbleached Unbromated Enriched Wheat Flour [Niacin (B-complex vitamin), Reduced Iron, Thiamin (B1 vitamin), Riboflavin (B2 vitamin), Folic Acid], and Water. Contains 2% or less of each of the following ingredients: Calcium Propionate (a preservative), Dextrose, Enzymes, Fumaric Acid, Guar Gum, Lactic Acid, Natural Flavors, Salt, Sesame Flour, Sodium Bicarbonate, Sorbic Acid (a preservative), Soybean Oil, Soy Flour, Soy Protein Concentrate, Sugar, Sunflower Oil, Vegetable Monoglycerides, Whole Wheat Flour and Yeast.