## Nutrition Facts

4 servings per container	
Serving size	1 MUFFIN
Amount per serving	
Calories	740
Calories from Fat 0	
%	Daily Value*
Total Fat 35g	45%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 70g	23%
Sodium 660g	29%
Total Carbohydrates 98g	36%
Dietary Fiber 2g	7%
Sugars 55g	
Includes 51g Added Sug	ars 102%
Protein 10g	
Vitamin A (RE) - (CAN) 0	
Vitamin A IU % 0	
Vitamin C 0g	0%
Vitamin D 0g	0%
Calcium 100g	8%
Iron 2.7g	15%
Potassium 360g	8%

<sup>\*</sup>The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Ingredients

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, SOYBEAN OIL, WATER, BANANAS, EGGS, CONTAINS 2% OR LESS OF: WALNUTS, MODIFIED CORN STARCH, SALT, LEAVENING (SODIUM ALUMINUM PHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), WHEAT PROTEIN ISOLATE, POTASSIUM SORBATE (PRESERVATIVE), MONO- AND DIGLYCERIDES, XANTHAN GUM, CANOLA LECITHIN, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR (CONTAINS SULFITES), ENZYMES. CONTAINS: EGGS, WHEAT, WALNUTS. MADE IN A FACILITY THAT ALSO PROCESSES: MILK, PEANUTS, SOY, TREE NUTS (ALMONDS, COCONUT, PECANS, WALNUTS).