

Nutrition Facts

Servings per Container: Varied

Serving size 1 oz. (28g/about a 1" cube)

Amount per serving

Calories 100

% Daily Value*

Total Fat 8g **10%**

Saturated Fat 6g **28%**

Trans Fat 0g

Cholesterol 20mg **8%**

Sodium 220mg **9%**

Total Carbohydrate 0g **0%**

Dietary Fiber 0g **0%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 6g **12%**

Vit. D 0mcg 0% • Calcium 184mg 15%

Iron 0mg 0% • Potassium 23mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: PASTEURIZED GRADE "A" WHOLE COW'S MILK, SALT, ENZYMES AND CULTURE.

CONTAINS: MILK.

0g LACTOSE PER SERVING