

Nutrition Facts

Servings Per Container:
Varied

Serving Size:
About a 1" cube (28g)

Calories **100**
per serving

Amount/Serving % Daily Value*

Total Fat 8g **10%**

Saturated Fat 5g **27%**

Trans Fat 0g

Cholesterol 30mg **9%**

Sodium 480mg **21%**

Vitamin D 0mcg 0%

Iron 0mg 0%

Amount/Serving % Daily Value*

Total Carb. 0g **0%**

Dietary Fiber 0g **0%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 7g **14%**

Calcium 180mg 15%

Potassium 20mg 0%

INGREDIENTS: PASTEURIZED GRADE "A" WHOLE COW'S MILK, SALT, ENZYMES AND CULTURE. • **CONTAINS:** MILK

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*THE FDA STATES THAT NO SIGNIFICANT DIFFERENCE HAS BEEN SHOWN BETWEEN MILK DERIVED FROM RBST-TREATED AND NON-RBST TREATED COWS.