## Nutrition:

Serving Size: 1/4 cup (67g) Servings per Container: About 6 Calories: 170 Total Fat: 14g (18% DV) Saturated Fat: 2g (10% DV) Trans Fat: 0g Cholesterol: 0mg (0% DV) Sodium: 530mg (23% DV) Total Carbohydrates: 11g (4% DV) Dietary Fiber: 1g (4% DV) Total Sugars: 1g (Incl. 0g Added Sugars, 0% DV) Protein: 2g Vitamin D: 0mcg (0% DV) Calcium: 20mg (2% DV) Iron: 0.8g (4% DV) Potassium: 60mg (2% DV)

## Ingredients:

Organic Cultured Cashew Milk (Filtered Water, Organic Cashews), Organic Sunflower Oil, Organic Tapioca Starch, Sea Salt, Mushroom Extract, Organic Sunflower Lecithin, Organic Konjac, Cultures. Contains: Cashews.