

[Serving Size](#)

# Nutrition Facts

(Ready to Eat)

1 Servings Per Container

**Serving Size** 20 g

Amount Per Serving


**Calories** 70


	% Daily Value*
Total Fat 5 g	6%
Saturated Fat 3.5 g	18%
Trans Fat 0 g	
Cholesterol 15 mg	5%
Sodium 150 mg	7%
Total Carbohydrate 0 g	0%
Dietary Fiber 0 g	0%
Sugar 0 g	0%
Added Sugar 0 g	0%
Protein 4 g	8%
Vitamin D 0 µg	0%
Potassium 10 mg	0%
Calcium 140 mg	10%
Iron 0 mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Ingredients

Pasteurized Cultured Milk, Salt, Microbial Enzymes.

 May Contain

 Free From

 Contains

Milk