

Nutrition Facts

Serving size

Amount Per Serving

Calories

100

Total Fat 8g

Saturated Fat 5g

Trans Fat 0g

Cholesterol 30mg

Sodium 190mg

Total Carbohydrate 0g

Dietary Fiber 0g

Total Sugars 0g

Includes 0g Added Sugars

Protein 7g

Vitamin D 0mcg

Calcium 220mg

Iron 0mg

Potassium 30mg

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.