Nutrition

Serving Size: 1 Tbsp (14g) Servings per Container: About 16 Calories: 90 Total Fat: 10g (13% DV) Saturated Fat: 8g (40% DV) Trans Fat: 0g Cholesterol: 0mg (0% DV) Sodium: 65mg (3% DV) Total Carbohydrates: 0g (0% DV) Dietary Fiber: 0g (0% DV) Total Sugars: 0g (Incl. 0g Added Sugars, 0% DV) Protein: 0g Vitamin D: 0mcg (0% DV) Calcium: 1mg (0% DV) Iron: 0mg (0% DV) Potassium: 4mg (0% DV)

Ingredients:

Organic Coconut Oil, Organic Cultured Cashew Milk (Filtered Water, Organic Cashews, Cultures), Filtered Water, Organic Sunflower Oil, Organic Sunflower Lecithin, Sea Salt, Natural Flavors. Contains: Cashews.