

Nutrition Facts

(Ready to Drink)

1 Servings Per Container

Serving Size **8 oz**

Amount Per Serving

Calories **140**

% Daily Value*

Total Fat 2 g 3%

Saturated Fat 1.5 g 8%

Trans Fat 0 g

Cholesterol 10 mg 3%

Sodium 125 mg 5%

Total Carbohydrate 20 g 7%

Dietary Fiber 0 g 0%

Sugar 20 g

Protein 11 g 22%

Vitamin D 5 µg 25%

Potassium 380 mg 8%

Calcium 390 mg 30%

Iron 0 mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

Pasteurized Lowfat Milk, Nonfat Milk, Cane Sugar, Pectin, Natural Blueberry Flavor, Natural Flavors, Fruit Juice (For Color), Vitamin A Palmitate, Vitamin D3, Cultures. Contains: Milk.

Contains: MILK