

Chobani[®]

Mixed Berry



Nutritional highlights
7 oz (207mL)

Milkfat

1.5%

Protein

10g

Calories

140

Calcium

15% DV



Gluten-free



Vegetarian-friendly



Only non-GMO ingredients



No artificial flavors or preservatives



OU-D Kosher Certified

Made with milk from cows not treated with rBST*

Excellent source of protein

Includes live & active cultures, and three types of probiotics

No modified cornstarch or high fructose corn syrup

Less than 5% lactose—a perfect part of a very low lactose diet

Naturally low in sodium

Contains live and active cultures: *S. Thermophilus*, *L. Bulgaricus*, *L. Acidophilus*, *Bifidus* and *L. Casei*

*Milk from rBST-treated cows is not significantly different.

Serving size 7 oz (207mL)

Servings per container 1

Amount/Serving

Calories 140

%DV*

Total Fat 4g	5%
Saturated Fat 2.5g	13%
Trans Fat 0g	-
Cholesterol 20mg	7%
Sodium 100mg	4%
Total Carbs 18g	7%
Dietary Fiber <1g	3%
Total Sugars 14g	-
Includes 8g Added Sugars	16%
Protein 10g	20%

Vitamin D	0%
Calcium	15%
Iron	0%
Potassium 360mg	8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Cultured lowfat milk, water, cane sugar 🌾, blueberries 🍷, raspberries 🍓, blackberries 🍷, natural flavors, fruit pectin, chicory root fiber, lemon juice concentrate, locust bean gum, fruit juice concentrate (for color).