Chobani,



Nutritional highlights 7oz (207mL)

Milkfat	Protein	Calories	Calcium
1.5%	10g	140	15% DV



*Milk from rBST-treated cows is not significantly different.

Ingredients

Serving size 7oz (207mL) Servings per container 1

%DV*

13%

7%

4%

5%

3%

14%

20%

0%

15%

0%

6%

Amount/Serving

Calories 140

Total Fat 4g Saturated Fat 2.5g

Trans Fat Og Cholesterol 20mg

Sodium 85mg

Total Carbs 15g

Dietary Fiber <1g

Total Sugars 14g Includes 7g Added Sugars

Protein 10g

Vitamin D

Calcium

Potassium

*The % Daily Value (DV) tells you how much a nutrient in a serving of food

contributes to a daily diet. 2,000 calories a day is used for general nutrition

Iron

advice

Cultured lowfat milk, water, cane sugar , pineapple juice from concentrate (water, pineapple juice concentrate), fruit juice concentrate and turmeric (for color), chicory root fiber, fruit pectin, natural flavors, locust bean gum, lemon juice concentrate.