

Nutrition Facts

4 servings per container

Serving size 1 cup (240mL)

Amount per serving

Calories 110

% Daily Value*

Total Fat 4g 5%

Saturated Fat 0.5g 3%

Trans Fat 0g

Polyunsaturated Fat 2g

Monounsaturated Fat 1g

Cholesterol 0mg 0%

Sodium 100mg 4%

Total Carbohydrate 10g 4%

Dietary Fiber 1g 4%

Total Sugars 7g

Includes 6g Added Sugars 12%

Protein 8g 14%

Vitamin D 0mcg 0%

Calcium 30mg 2%

Iron 1.1mg 6%

Potassium 380mg 8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ORGANIC SOYMILK

(WATER, ORGANIC SOYBEANS),

ORGANIC CANE SUGAR, SEA SALT.

CONTAINS: SOY