

Nutrition Facts (Microwave)	
1 Servings Per Container	
Serving Size	1 Each
Amount Per Serving	
Calories	140
% Daily Value*	
Total Fat 9 g	
Saturated Fat 3.5 g	
Cholesterol 315 mg	
Sodium 360 g	
Total Carbohydrate 3 g	
Sugar 1 g	
Protein 11 g	
Vitamin D 2 µg	
Potassium 162 mg	
Calcium 73 µg	
Iron 1 mg	
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS:

Whole Egg, Water, Contains Less Than 2% Of The Following: Dry Whole Milk, Seasoning (Salt, Natural Sour Cream Flavor (Maltodextrin), Natural Butter Flavor (Maltodextrin, Modified Butter Oil, Salt, Dehydrated Butter, Guar Gum, Sodium Bicarbonate, Annatto And Turmeric), Xanthan Gum, Dipotassium Phosphate, Monosodium Phosphate), Citric Acid.