

# Nutrition Facts

About 14 servings per container

**Serving size 7 Rolls (87g)**

Amount per serving

**Calories 180**

% Daily Value\*

**Total Fat** 6g **8%**

Saturated Fat 4g **20%**

*Trans* Fat 0g

**Cholesterol** 45mg **15%**

**Sodium** 610mg **27%**

**Total Carbohydrate** 21g **8%**

Dietary Fiber 1g **4%**

Total Sugars 3g

Includes 3g Added Sugars **6%**

**Protein** 11g

Vitamin D 0mcg **0%**

Calcium 260mg **20%**

Iron 0mg **0%**

Potassium 200mg **4%**

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Ingredients

SHRIMP (SHRIMP, WATER, SODIUM BICARBONATE, SALT, CITRIC ACID, DEXTRIN), PASTRY (WHEAT FLOUR, WATER, SALT, CANOLA OIL),SCALLIONS, TAPIOCA STARCH, SUGAR, CHILI SAUCE (WATER, SUGAR, CHILI, GARLIC, SALT, MODIFIED CORN STARCH, ACETIC ACID, ONION POWDER, WHITE PEPPER, OLEORESIN CAPSICUM, XANTHAN GUM), SALT, GARLIC POWDER, CHILI POWDER, WHITE PEPPER. PAR-FRIED IN FULLY REFINED SOYBEAN OIL. CONTAINS: CRUSTACEAN SHELLFISH (SHRIMP), WHEAT.

## Cooking Instructions

The Shrimp Rolls contained in this package are par-fried and should be heated thoroughly to 165°F. Depending on the number of portions prepared and oven temperature variances, heating times may need adjustment. Remove product from packaging. Avoid overcooking or undercooking, cook to a light golden brown.

**BAKE:** Preheat oven. Spray or coat pan with oil. Place Shrimp Rolls on pan and place pan on the middle rack of oven.

**FROM FROZEN:** 425 °F for 10-15 minutes

Cooking from thawed is not recommended

**DEEP FRY:** Heat oil to 350 °F.

**FROM FROZEN:** for 2-3 minutes

Cooking from thawed is not recommended

Caution: Pan And Product Will Be Hot.

Food Handling:

Keep Frozen Until Ready To Use | Cook Before Consumption