

UPDOG

Updog is the only truly Chicago-style vegan hot dog with snap! Made with quality ingredients, these soy-free hot dogs feature an algae-based coating and unique curing process that gives them their signature flavor and texture.

Cooking Instructions: Don't remove the casing—that's where the magic happens! Grill, or cook on stovetop (recommended) 5–6 minutes, turning occasionally, until heated through. We don't recommend boiling or steaming, as this will remove the casing. Ingredients: Water, Vital Wheat Gluten, Canola Oil, Wheat Flour, Apple Cider Vinegar, Sea Salt, Paprika, Onion, Potassium Chloride, Spices, Garlic, Calcium Alginate, Natural Hickory Smoke Concentrate, Ground Mustard, Konjac, Ground Celery Seed. Contains: Wheat. May contain Soy.

NUTRITION FACTS

Serving Size: I link (71 g)

Amounts per Serving		% Daily Value
Calories	170	
Total Fat	7 g	9%
Saturated Fat	0.5 g	3%
Trans Fat	0 g	
Cholesterol	0 mg	0%
Sodium	710 mg	31%
Total Carb.	8 g	3%
Dietary Fiber	lg	4%
Sugars	Og	
Incl. Added Sugars	0 g	0%
Protein	20 g	
Vitamin D	O mcg	0%
Calcium	80 mg	6%
Iron	1.8 mg	10%
Potassium	460 mg	10%

Certifications: CRC Kosher Pareve,

Case Size: 50 links
Case Cube (ft³): 0.424

Pallet Configuration: Ti:15-Hi:10 **Storage:** -5°F and 40°F (-20°C to 4°C)



About Upton's Naturals: Founded in 2006, Upton's Naturals is the only independent, vegan-owned meat alternative brands sold nationally. We are proud to be the #I selling seitan brand in the Natural and MULO Channels (SPINS 52 weeks ending 2/20/22).

For more information email sales@uptonsnaturals.com.

Visit the recipe section of our website for more serving suggestions and menu inspiration.