

# THE PLANT-BASED OPTION THAT'S A SURE-FIRE HIT!



**100%**  
VEGAN / VEG

**NO**  
CHOLESTEROL

**HIGH IN  
PROTEIN**

**2.25 MMA  
CREDITS**

Looking for a chicken alternative that kicks a little harder? You're getting warmer! Rebellious delivers the same juicy and rich flavor as conventional chicken, with all the benefits of 100% vegan / vegetarian ingredients, plus just the right amount of spice. Easy to prepare, easy to love!



PLANT-BASED  
  
**rebellious**  
*Spicy Kickin' Nuggets™*

PLANT-BASED  
  
**rebellious**  
*Spicy Kickin' Tenders™*



PLANT-BASED  
  
**rebellious**  
*Spicy Kickin' Patties™*



SCAN FOR  
RECIPES!

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**rebellious**  
*foods*

# DON'T BE CHICKEN, MAKE IT SPICY!



Product is not fully cooked. Do not microwave. Cook thoroughly from frozen to at least 165°F internal temperature. Appliances may vary; adjust accordingly. **KEEP FROZEN UNTIL READY FOR USE**

**rebellyous**  
*Spicy Kickin' Tenders™*



## Nutrition Facts

About 53 servings per container  
Serving size 3 Tenders (85g)

Amount per serving  
**Calories 220**

	% Daily Value*
<b>Total Fat</b> 12g	<b>15%</b>
Saturated Fat 1g	5%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 370mg	<b>16%</b>
<b>Total Carbohydrate</b> 14g	<b>5%</b>
Dietary Fiber 5g	18%
Total Sugars 0g	
Includes 0g Added Sugars	0%
<b>Protein</b> 13g	
<b>Vitamin D</b> 0mcg	<b>0%</b>
<b>Calcium</b> 60mg	<b>4%</b>
<b>Iron</b> 2.3mg	<b>15%</b>
<b>Potassium</b> 340mg	<b>8%</b>

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



### OVEN

Preheat oven to 400°F. Arrange tenders in a single layer on a baking sheet. Bake from frozen for 10-12 minutes, until golden in color and internal temperature reaches 165°F.

### CONVECTION OVEN

Preheat oven to 400°F. Arrange tenders in a single layer on a baking sheet. Bake from frozen for 8 minutes, until golden in color and internal temperature reaches 165°F.

**SPICY TENDER INGREDIENTS:** Water, Soy Protein Concentrate, Canola Oil, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Soy Protein Isolate, Methylcellulose, Contains 2% or less of: Corn Starch, Salt, Beet Powder, Onion Powder, Maltodextrin, Cane Sugar, Yeast Extract, Spices (including celery seed), Yeast, Garlic Powder, Natural Flavors, Torula Yeast, Dehydrated Garlic, Extractives of Paprika, Citric Acid, Extractives of Turmeric (color), Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate) CONTAINS: SOY, WHEAT.

**Item # KTFC22**  
**Case GTIN: 00860005933778**

**rebellyous**  
*Spicy Kickin' Nuggets™*



## Nutrition Facts

About 53 servings per container  
Serving size 5 Nuggets (85g)

Amount per serving  
**Calories 210**

	% Daily Value*
<b>Total Fat</b> 12g	<b>15%</b>
Saturated Fat 1g	5%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 390mg	<b>17%</b>
<b>Total Carbohydrate</b> 13g	<b>5%</b>
Dietary Fiber 6g	21%
Total Sugars 0g	
Includes 0g Added Sugars	0%
<b>Protein</b> 13g	
<b>Vitamin D</b> 0mcg	<b>0%</b>
<b>Calcium</b> 60mg	<b>4%</b>
<b>Iron</b> 2.4mg	<b>15%</b>
<b>Potassium</b> 360mg	<b>8%</b>

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



### OVEN

Preheat oven to 400°F. Arrange nuggets in a single layer on a baking sheet. Bake from frozen for 12-14 minutes, until golden in color and internal temperature reaches 165°F.

### CONVECTION OVEN

Preheat oven to 400°F. Arrange nuggets in a single layer on a baking sheet. Bake from frozen for 10-12 minutes, until golden in color and internal temperature reaches 165°F.

**SPICY NUGGET INGREDIENTS:** Water, Soy Protein Concentrate, Canola Oil, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Soy Protein Isolate, Methylcellulose, Contains 2% or less of: Salt, Cornstarch, Maltodextrin, Cane Sugar, Yeast Extract, Onion Powder, Beet Powder, Yeast, Spices (including celery seed), Torula Yeast, Dehydrated Garlic, Natural Flavor, Garlic Powder, Extractives of Paprika, Citric Acid, Extractives of Turmeric (Color), Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate) CONTAINS: SOY, WHEAT.

**Item # KNFC22**  
**Case GTIN: 00860005933761**



**rebellyous**  
*Spicy Kickin' Patties™*



## Nutrition Facts

About 53 servings per container  
Serving size 1 Patty (85g)

Amount per serving  
**Calories 230**

	% Daily Value*
<b>Total Fat</b> 14g	<b>18%</b>
Saturated Fat 1g	5%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 330mg	<b>14%</b>
<b>Total Carbohydrate</b> 14g	<b>5%</b>
Dietary Fiber 5g	18%
Total Sugars 0g	
Includes 0g Added Sugars	0%
<b>Protein</b> 12g	
<b>Vitamin D</b> 0mcg	<b>0%</b>
<b>Calcium</b> 60mg	<b>4%</b>
<b>Iron</b> 2mg	<b>10%</b>
<b>Potassium</b> 340mg	<b>8%</b>

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



### OVEN

Preheat oven to 400°F. Arrange patties in a single layer on a baking sheet. Bake from frozen for 10-13 minutes, until golden in color and internal temperature reaches 165°F.

### CONVECTION OVEN

Preheat to 375°F. Arrange patties in a single layer on a baking sheet. Bake from frozen for 10-13 minutes, until golden in color and internal temperature reaches 165°F.

**SPICY PATTY INGREDIENTS:** Water, Soy Protein Concentrate, Canola Oil, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Soy Protein Isolate, Methylcellulose, Contains 2% or less of: Corn Starch, Salt, Beet Powder, Onion Powder, Maltodextrin, Cane Sugar, Yeast Extract, Spices (including Celery Seed), Yeast, Garlic Powder, Natural Flavors, Torula Yeast, Dehydrated Garlic, Extractives of Paprika, Citric Acid, Extractives of Turmeric (Color), Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate) CONTAINS: SOY, WHEAT.

**Item # KPFC22**  
**DOT# 788233** **Case GTIN: 00860005933754**

	Case Pack	Case Weight	Case Dim. L x W x H (in)	Cases/Pallet	TI x HI	Credits
Plant-Based Spicy Kickin' Nuggets	2x 5 lb Bags	10 lbs	11 x 9 x 7.75	119	17 x 7	2.25 MMA / .25 Grain
Plant-Based Spicy Kickin' Tenders	2x 5 lb Bags	10 lbs	11 x 9 x 8.5	119	17 x 7	2.25 MMA / .25 Grain
Plant-Based Spicy Kickin' Patties	2x 5 lb Bags	10 lbs	11 x 9 x 8.5	119	17 x 7	2.25 MMA / .5 Grain

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