

Nutrition Facts

varied (3) servings per container

Serving size

14 Slices (56g)

Amount Per Serving

Calories

70

% Daily Value*

Total Fat 1.5g **2%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 15mg **5%**

Sodium 310mg **13%**

Total Carbohydrate 3g **1%**

Dietary Fiber 0g **0%**

Total Sugars 1g

Includes 0g Added Sugars **0%**

Protein 9g **18%**

Vitamin D 0mcg **0%**

Calcium 52mg **4%**

Iron 0.36mg **2%**

Potassium 0mg **0%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.