

# Nutrition Facts

**Serving Size:**

◆  **tail (240g)**  
**Oxtails**

**Amount Per Serving**

**Calories** **583**

**% Daily Value\***

**Total Fat** 34g **44%**

Saturated Fat 13g **65%**

Polyunsaturated Fat 1.3g

Monounsaturated Fat 14g

**Cholesterol** 221mg **74%**

**Sodium** 134mg **6%**

**Total Carbohydrates** 0g **0%**

Dietary Fiber 0g **0%**

Sugars 0g

**Protein** 65g

Vitamin D 0.5mcg **2%**

Calcium 48mg **4%**

Iron 4.2mg **23%**

Potassium 806.4mg **17%**

**Caffeine** 0mg

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.