



PREPARATION:

FLAME GRILL: Fire up the grill to medium heat, brush hot dogs OR grill with a small amount of vegetable oil. Cook for 5 to 6 minutes turning frequently.

PAN FRY: Bring non-stick pan to medium heat, add a small amount of vegetable oil. Cook hot dogs for 5 to 6 minutes, turning frequently.

Nutrition Facts

5 servings per container
Serving size
1 link (56g)

Calories **150**
 per serving

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 10g	13%	Total Carbohydrate 8g	3%
Saturated Fat 1.5g	8%	Dietary Fiber 1g	4%
<i>Trans Fat</i> 0g		Total Sugars 1g	
Cholesterol 0mg	0%	Includes <1g of Added Sugars	2%
Sodium 350mg	15%	Protein 6g	
Vitamin D 0mcg 0% • Calcium 20mg 0% • Iron 1.4mg 8% • Potassium 220mg 4%			

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WATER, SOYBEAN OIL, PEA PROTEIN, POTATO STARCH, CONTAINS LESS THAN 2% OF: METHYLCELLULOSE, CARRAGEENAN, SEA SALT, BROWN RICE PROTEIN, FABA BEAN PROTEIN, GARLIC POWDER, BEET POWDER (COLOR), CANE SUGAR, NATURAL FLAVOR, WHEAT GLUTEN, SOY PROTEIN ISOLATE, CHERRY POWDER (TO PROMOTE COLOR RETENTION), KONJAC FLOUR, POTASSIUM CHLORIDE, SMOKED SUGAR, ONION POWDER, XANTHAN GUM, SPICES (BLACK PEPPER, NUTMEG), PAPRIKA, RED RICE FLOUR, NATURAL SMOKE FLAVOR. **CONTAINS:** SOY, WHEAT.

THIS PRODUCT CONTAINS PEA PROTEIN AND MAY NOT BE SUITABLE FOR PEOPLE WITH A PEANUT ALLERGY.
DISTRIBUTED BY: FIELD ROAST, 3901 7TH AVE S., SEATTLE, WA 98108, 800-311-9497, fieldroast.com
 For recipe inspiration go to fieldroast.com

*EXCEPT FOR NATURALLY OCCURING NITRITES/NITRATES IN PEA PROTEIN, BEET POWDER, AND SOY PROTEIN ISOLATE.



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