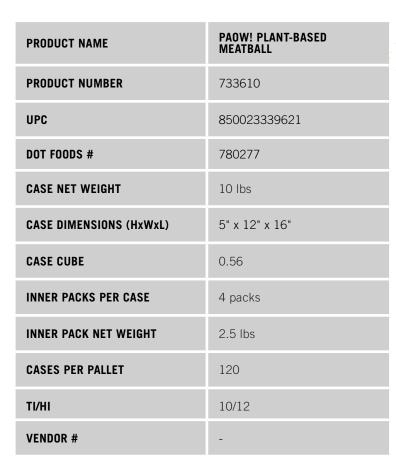
FUTURE FOODS ENTERPRISES, LLC









COOKING INSTRUCTIONS

Pan: Add 1/4 cup of oil to the pan. Heat frozen meatballs on mediumhigh heat for 2 to 5 minutes, stirring frequently, until well-browned on all sides.

Bake: Preheat oven to 350°F. Spread evenly in one layer on a baking sheet. Heat for 10 minutes.

SAFE HANDLING INSTRUCTIONS

This product is ready-to-cook. Keep Frozen until ready to cook

Cook to an internal temperature of 165°F.

KEEP FROZEN - STORE AT 0°F.

PRODUCED IN THE USA

Nutrition Facts

53 servings per container
Serving size 3 Meatballs (85g)

Amount Per Serving

Calories	150
	% Daily Value*
Total Fat 9g	12%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 380mg	17%
Total Carbohydrate 7g	3%
Dietary Fiber 4g	14%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 11g	
Vitamin D 0mcg	0%
Calcium 154mg	10%
Iron 2mg	10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

For more information visit www.GetPAOW.com.

INGREDIENTS

Water, PAOW! Soy Protein Crumbles (Water, Soy Protein Concentrate, Salt), Textured Soy Protein Concentrate, Refined Coconut Oil, Sunflower Oil, Natural Flavors, Contains less than 2% of Soy Protein Isolate, Salt, Malt Extract, Beet Juice Powder and Black Carrot Powder for color, Natural Flavor Type, Cultured Dextrose (Natural Preservative), Methylcellulose, Natural Flavoring, Dextrose.

CONTAINS: SOY

Manufactured by:

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