

fable



Fable Shiitake Mushroom Burger

Product code (unit size):

FB016-US - 3.88oz per burger, 5 burgers per unit, 40 units per carton (9.7lb)



Fable Food

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Product Specification Sheet

DESCRIPTION:

The Fable Shiitake Mushroom Burger is made from shredded mushrooms, coconut oil, soy protein, rice and natural colors and flavors. Use it just like a regular burger patty to make a delicious burger!

High in dietary fiber, probiotics, and packed with nutrients. It's gluten free, delicious, and 100% mushroom based!

FOOD PREPARATION CLASSIFICATION

Ready to heat.

COOKING INSTRUCTIONS:

Product must be cooked.

After thawing, grill or cook in a hot lightly oiled pan on Medium-High to High heat for 2-3 minutes each side, reaching an internal temperature of at least 150°F. Ideal serving temperature is 120-140°F.

NUTRITION FACTS

Servings per container:	8
Serving size:	1 patty (3.88 oz)
Amount per serving	
Calories	208
% Daily Intake*	
Total Fat 7.3 g	9%
Saturated Fat 5.5 g	30%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 471.2 mg	20%
Total Carbohydrate 25.8 g	9%
Dietary Fiber 19.8 g	71%
Total Sugars 1.4 g	2%
Includes 0 g Added Sugars	0%
Protein 9.7 g	20%
Vitamin D 140.8 µg	705%
Calcium 96.8 mg	7%
Iron 1.7 mg	11%
Potassium 131.4 mg	3%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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PRODUCT SPECIFICATION

Ingredients:	Shiitake Mushroom (46%) (containing natural Sulphites), Water, Coconut Oil, Isolated Soy Protein, Rice, Canola Oil, Tapioca Flour, Yeast Extract, Gluten Free Soy Sauce, Onion Powder, Salt, Tomato Powder, Garlic Powder, Natural Liquid Smoke, Mushroom Powder
Country of Origin	Malaysia
Sensory	Color – Brown with visible dark brown highlights Taste – Flavorful, juicy, crispy, soft but firm interior
Analytical	Conform to Food Standards Code requirements
Microbiological	Listeria monocytogenes ND in 25g Listeria spp ND in 25g Salmonella spp ND in 25g Bacillus cereus < 100 cfu/g Coagulase Positive Staphylococci < 100 cfu/g Clostridium perfringens < 100 cfu/g Coliform < 100 cfu/g E. Coli < 3 MPN/g SPC < 100,000 cfu/g Yeast & Mold <1000 cfu/g ND = Not detected
Frequency of Micro Testing	Testing is conducted on per day batch
Storage	Store frozen at -0.4°F or once opened ≤ 39°F.
Allergen Status	Contains: Soy and naturally occurring Sulphites . May Contain: Wheat since this product is manufactured in a facility that processes other food products which may contain these ingredients.
Product Nature	As with all Shiitake mushrooms, it may contain naturally occurring woody and fibrous material from the growing process.
GMO Status	This product has not been genetically modified nor have any genetically modified ingredients been used in its manufacture. It does not require labelling as a genetically modified food in accordance with FSANZ Food Standard 1.5.2.

Certifications

