

Nutrition Facts

80 servings per container

Serving size **2 oz (57g)**

Amount Per Serving

Calories **190**

% Daily Value*

Total Fat 8g **10%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 1060mg **46%**

Total Carbohydrate 11g **4%**

Dietary Fiber 2g **7%**

Total Sugars 3g

Includes 2g Added Sugars **4%**

Protein 20g

Vitamin D 0mcg 0%

Calcium 50mg 4%

Iron 2.2mg 10%

Potassium 140mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.