

Nutrition Facts	
1 servings per container	
Serving size 1 package (27g)	
Amount per serving	
Calories	130
% Daily Value*	
Total Fat 6g	7%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 110mg	5%
Total Carbohydrate 19g	7%
Dietary Fiber 1g	5%
Total Sugars 9g	
Includes 9g Added Sugars	18%
Protein 1g	
Vit.D 0mcg 0%	Calcium 16mg 0%
Iron 1mg 4%	Potas. 51mg 0%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients

Gluten free whole oat flour, cane sugar, pear juice from concentrate, high oleic safflower oil, organic tapioca starch, molasses, organic ground ginger, baking soda (sodium bicarbonate), organic ground cinnamon, pure vanilla extract, salt, cream of tartar, xanthan gum, organic ground cloves, rosemary extract.