Amount per serving Calories	130
% Da	ily Value
Total Fat 5g	7%
Saturated Fat 1g	6%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 115mg	5%
Total Carbohydrate 18g	7%
Dietary Fiber 2g	6%
Total Sugars 9g	
Includes 9g Added Sugars	18%
Protein 2g	
Vitamin D Omcg	0%
Calcium 15mg	0%
Iron 1mg	6%
Potassium 71mg	0%

Ingredients:

Gluten free whole oat flour, cane sugar, high oleic safflower oil, chocolate chips (cane sugar, unsweetened chocolate, non-dairy cocoa butter), demerara sugar, non-alkalized cocoa powder, organic tapioca starch, apple juice concentrate, baking soda (sodium bicarbonate), pure vanilla extract, salt, baking powder, xanthan gum, sunflower lecithin [an emulsifier], rosemary extract.