

# NUTRITION FACTS

Serving size: 4 tbsp (40 g)

Servings Per Container: About 40

## Amount Per Serving

**Calories** 180      **Calories from Fat** 80

## % Daily Value\*

**Total Fat** 9g      **14%**

**Saturated Fat** 8g      **40%**

*Trans Fat* 0g

**Cholesterol** 0mg      **0%**

**Sodium** 100mg      **4%**

**Total Carbohydrate** 26g      **9%**

**Dietary Fiber** 1g      **4%**

**Sugars** 19g

## Protein 3g

**Vitamin A**      0% • **Vitamin C**      2%

**Calcium**      6% • **Iron**      0%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

|                    | Calories  | 2,000   | 2,500   |
|--------------------|-----------|---------|---------|
| Total Fat          | Less Than | 65g     | 80g     |
| Saturated Fat      | Less Than | 20g     | 25g     |
| Cholesterol        | Less Than | 300mg   | 300mg   |
| Sodium             | Less Than | 2,400mg | 2,400mg |
| Total Carbohydrate |           | 300g    | 375g    |
| Dietary Fiber      |           | 25g     | 30g     |

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS: SUGAR, COCONUT OIL, CORN SYRUP SOLIDS, NONFAT MILK, COCOA POWDER (PROCESSED WITH ALKALI), COFFEE, SODIUM CASEINATE, NATURAL AND ARTIFICIAL FLAVORS, CHICORY, SILICON DIOXIDE (ANTICAKING AGENT), SALT, DIPOTASSIUM PHOSPHATE, PROPYLENE GLYCOL ESTERS OF FATTY ACIDS, MONO- AND DIGLYCERIDES, CARRAGEENAN, SOY LECITHIN, GUAR GUM, XANTHAN GUM, ANNATTO EXTRACT (FOR COLOR).**