

SEPARATION IS NORMAL, MIX WELL BEFORE USE

Nutrition Facts

Calories 190  
Fat Cal 130

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount Per Serving	%DV
Total Fat 14g	22%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 95mg	4%
Vitamin A 0% • Vitamin C 0% • Calcium 0% • Iron 15%	

Amount Per Serving	%DV
Total Carb 15g	5%
Dietary Fiber 1g	4%
Sugars 6g	
Protein 1g	

**INGREDIENTS:** Enriched Wheat Flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), Graham Flour, Sugar, Non-Hydrogenated Palm Oil\*, Non-GMO Canola Oil, Brown Sugar, Honey, Salt, Baking Soda, Caramel Color, Natural Flavor, Sunflower Lecithin. **CONTAINS WHEAT.** \*From Non-GMO Sources.

**ALLERGEN INFORMATION:**  
Produced in a facility that uses milk, tree nuts, peanuts, soy, eggs & wheat.

