

# Nutrition Facts

about 490 servings per container

**Serving size**

**1/4 cup (32g)**

**Amount per serving**

**Calories**

**140**

	% Daily Value*
<b>Total Fat</b> 4.5g	<b>6%</b>
Saturated Fat 1g	<b>5%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 150mg	<b>7%</b>
<b>Total Carbohydrate</b> 24g	<b>9%</b>
Dietary Fiber less than 1g	<b>3%</b>
Total Sugars 9g	
Includes 9g Added Sugars	<b>18%</b>
<b>Protein</b> 2g	
Vitamin D 0mcg	0%
Calcium 20mg	0%
Iron 1.9mg	10%
Potassium 60mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Ingredient and Allergen Declarations:

English :

**INGREDIENTS:** UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), SUGAR, SOYBEAN AND/OR CANOLA OIL, COCOA (PROCESSED WITH ALKALI), INVERT SUGAR, LEAVENING (BAKING SODA AND/OR CALCIUM PHOSPHATE), SALT, SOY LECITHIN, CHOCOLATE, NATURAL FLAVOR.

English : **CONTAINS: WHEAT, SOY.**