



**Item #:** 5121

**Product Name:** Sunflower Seeds (Kernels) RS

**Ingredients:** Sunflower Kernels, Sunflower Oil, Salt.

**Allergens:** N/A

**Country of Origin:** Product of the USA.

**Organic Status:** Not Organic

**Bioengineered Statement Required:** No

**Foreign Material Hazard:**

May contain shell fragments.

**Metal Detection:** Less than or equal to: 2.5 mm Ferrous; 2.5 mm Non-Ferrous; 3.5 mm Stainless Steel

**Effective Date:** 1/24/2025

**Case UPC:** 0-30243-05121-7

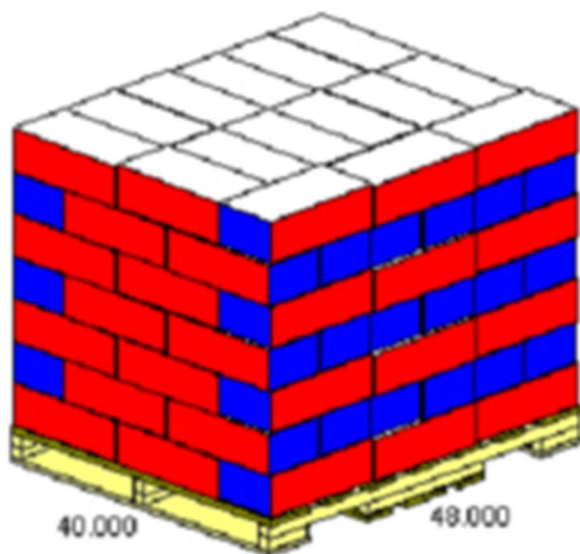
**Case Weight (Lb):** 5lbs

**Cases Per Pallet:** 105

**Case Dimensions:** 15.5x7.875x6.25

**Pallet Dimensions:** 40x48x48.750

**Pallet Pattern:**





GOOD SENSE®



**Nutrition Information:**

<b>Nutrition Facts</b>	
servings per container	
<b>Serving size</b>	<b>1/4 cup (30g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>180</b>
% Daily Value *	
<b>Total Fat</b> 16g	<b>21%</b>
Saturated Fat 1.5g	7%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 120mg	<b>5%</b>
<b>Total Carbohydrate</b> 5g	<b>2%</b>
Dietary Fiber 2g	8%
Total Sugars <1g	
Includes 0g Added Sugars	0%
<b>Protein</b> 6g	<b>7%</b>
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 1.4mg	8%
Potassium 180mg	4%
Vitamin E 9.6mg	60%
Niacin 3.7mg	25%
Folate 65mcg DFE	15%
Phosphorus 180mg	15%
Magnesium 90mg	20%
Zinc 1.4mg	10%
Copper 0.5mg	50%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	