

# 4" Plain Hamburger Rolls

NET WT 22 oz

BR DC19 Formula #95187

Last Updated: 06-14-17

Nutrition Facts	
12 Servings per container	
<b>Serving Size</b>	<b>1 Roll (52g)</b>
Amount Per Serving	
<b>Calories</b>	<b>140</b>
% Daily Value	
<b>Total Fat</b> 3g	<b>4%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat 0g	
Polyunsaturated Fat 1.5g	
Monounsaturated Fat 1g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 250mg	<b>11%</b>
<b>Total Carbohydrate</b> 25g	<b>9%</b>
Dietary Fiber less than 1g	<b>4%</b>
Total Sugars 3g	
Includes 3g Added Sugars	<b>5%</b>
<b>Protein</b> 4g	
Vitamin D 0.5mcg	2%
Calcium 60mg	4%
Iron 1.5mg	8%
Potassium 50mg	0%
Thiamin 0.21mg	15%
Riboflavin 0.12mg	10%
Niacin 1.7mg	10%
Folate 95mcg DFE (47mcg Folic Acid)	25%
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

**INGREDIENTS:** Enriched Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Yeast, Contains less than 2% of each of the following: Soybean Oil, Salt, Calcium Propionate (A Preservative), Sodium Stearoyl Lactylate, Wheat Flour, Enzymes, Ascorbic Acid (Dough Conditioner), Sesame Seeds.

Contains: Wheat and Soy.

Claims: Low Fat

Cholesterol Free

0g Trans Fat

Excellent Source of Folate

Good Source of Thiamin,

Riboflavin and Niacin