

Nutrition Facts Servings: 1, **Serving size: 1 bar (43g),**

Amount Per Serving: **Calories 220**, **Total Fat** 11g (14% DV), Saturated Fat 7g (35% DV), *Trans* Fat 0g, **Cholesterol** <5mg (0% DV), **Sodium** 110mg (5% DV), **Total Carbohydrate** 29g (11% DV), Dietary Fiber 0g (0% DV), Total Sugars 21g (Includes 18g Added Sugars, 36% DV), **Protein** 2g, Vitamin D (0% DV), Calcium (6% DV), Iron (4% DV), Potassium (2% DV).