

About 39 servings per container
Serving size **3 Tbsp (37g)**
 makes 2/3 cup
 (115g)

Amount per serving

Calories	150
	% Daily Value*

Total Fat 2.5g	3%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 125mg	5%
Total Carbohydrate 26g	9%
Dietary Fiber 0g	0%
Total Sugars 21g	
Includes 12g Added Sugars	24%

Protein 6g

Vitamin D 0mcg	0%
Calcium 201mg	15%
Iron 0mg	0%
Potassium 343mg	8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4