

Nutrition Facts

About 39 servings per container
Serving size **3 Tbsp (37g)**
 makes 2/3 cup (115g)

Amount per serving
Calories **140**

	% Daily Value*
Total Fat 2.5g	3%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 200mg	9%
Total Carbohydrate 25g	9%
Dietary Fiber 0g	0%
Total Sugars 22g	
Includes 13g Added Sugars	26%

Protein 6g	
Vitamin D 0mcg	0%
Calcium 201mg	15%
Iron 6mg	35%
Potassium 334mg	8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4