



NUTRITION OUTPUT FORM

ITEM NUMBER: 32030

ITEM DESCRIPTION: CARROT BUNDT CAKE - 24CT

Nutrition Facts	
24 servings per container	
Serving size	1 cake (90g)
Amount per serving	
Calories	330
% Daily Value*	
Total Fat 16g	21%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 470mg	20%
Total Carbohydrate 45g	16%
Dietary Fiber 1g	4%
Total Sugars 26g	
Includes 25g Added Sugars	50%
Protein 3g	
Vitamin D 0.1mcg	0%
Calcium 30mg	2%
Iron 1.2mg	6%
Potassium 120mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

100g NUTRITIONAL	
Basic Components	
Calories (kcal)	367.368
Calories from SatFat (kcal)	33.845
Protein (g)	3.526
Carbohydrates (g)	49.703
Dietary Fiber (2016) (g)	1.324
Total Sugars (g)	29.204
Added Sugar (g)	27.613
Fat (g)	17.468
Saturated Fat (g)	3.761
Mono Fat (g)	3.619
Poly Fat (g)	8.726
Trans Fatty Acid (g)	0.221
Cholesterol (mg)	33.167
Water (g)	20.000
Ash (g)	2.244
Vitamins	
Vitamin A - RAE (mcg)	241.270
Vitamin C (mg)	3.632
Vitamin D - IU (IU)	0
Vitamin D - mcg (mcg)	0.091
Minerals	
Calcium (mg)	35.660
Iron (mg)	1.304
Potassium (mg)	130.730
Sodium (mg)	517.138

INGREDIENTS: CARROT CAKE MIX (SUGAR, ENRICHED BLEACHED WHEAT FLOUR [WHEAT FLOUR, NIACIN, IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], SOYBEAN OIL, DEXTROSE, DRIED CARROTS, FOOD STARCH-MODIFIED, BETA-CAROTENE [COLOR], CARAMEL COLOR, CINNAMON, DEFATTED SOY FLOUR, EGG WHITES, EGG YOLKS, GUAR GUM, LEAVENING [BAKING SODA, SODIUM ACID PYROPHOSPHATE, SODIUM ALUMINUM PHOSPHATE], NATURAL AND ARTIFICIAL FLAVOR, NONFAT MILK, SALT, XANTHAN GUM), WATER, SOUR CREAM (CULTURED CREAM), SOYBEAN OIL, CONTAINS 2% OR LESS OF THE FOLLOWING: DOUGH CONDITIONER (WHEAT FLOUR, ENZYMES, SOY OIL), BAKING POWDER (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORN STARCH, MONOCALCIUM PHOSPHATE), CARAMEL COLOR, BETA CAROTENE (COLOR).

CONTAINS EGG, MILK, SOY, WHEAT.

CONTAINS BIOENGINEERED FOOD INGREDIENTS.

LAST MODIFIED: 10.18.22

MODIFIED BY: Jenna Berghof

DOCUMENT REVISION #: 2