



## 2970000390 - Idahoan® SHREDS Tater Tumblers® Original Mix with Spices, 4/32.9 oz. pchs

Formerly Tater Tumblers® Appetizer Mix, these Fresh-Dried™ crispy, golden potato bites are endlessly versatile. Simply add signature mix-ins, toppings, and sauces--or form into patties for mini sandwiches and more!

Brand: Idahoan®



### Nutrition Facts

Serving Size 1 Tumbler (8g)

#### Amount Per Serving

Calories 30

Calories from Fat 0

#### % Daily Value\*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 105mg 5%

Potassium 60mg 2%

Total Carbohydrate 6g 2%

Dietary Fiber 1g 4%

Sugars 0g

Protein 1g

Vitamin A 0 IU • Vitamin C 2%

Calcium 10 mg • Iron 0.1 mg

Vitamin D 0mcg •

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories: 2,000 2,500

Total Fat Less than 65g 80g

Sat Fat Less than 20g 25g

Cholesterol Less than 300mg 300mg

Sodium Less than 2,400mg 2,400mg

Potassium 3,500mg 3,500mg

Total Carbs. 300g 375g

Dietary Fiber 25g 30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

### Ingredients

Idaho® Potatoes, Whey Protein Concentrate, Potato Starch, Salt, Dehydrated Onion, Vegetable Oil (Soybean, Sunflower), Spices, Lemon Juice Powder [Corn Syrup Solids, Lemon Juice Solids, Lemon Oil And Silicon Dioxide (Anti-Caking Agent)], Dextrose, Monoglycerides, Calcium Stearoyl Lactylate, Onion Powder. Freshness Preserved By Sodium Acid Pyrophosphate And Sodium Bisulfite.

### Case Specifications

GTIN	10029700003903	Case Gross Weight	9 LB
Pack Size	4 / 32.9OZ	Case Net Weight	8.23 LB
		Case L,W,H	13.30 IN, 7.87 IN, 9.20 IN
Tie x High [Total]	18 x 5 [90]	Cube	0.56 CF

### Preparation and Cooking

1. Measure 2 quarts hot, not boiling, water into a large bowl. 2. Add entire pouch of potatoes all at once, using spoon or wire whip to distribute evenly and wet all potatoes. Let stand 10 minutes until the potatoes are fully hydrated. 3. Mix well and portion using a #60 scoop. Fry at 350°F for 2 minutes.

### Serving Suggestions

Serve as an Appetizer

### Product Features and Benefits

- Made with 100% Real Idaho Potatoes
- Naturally Gluten Free potatoes

### Packaging and Storage

The shelf life is approximately 12 months from date of packaging code (imprinted on the package), when stored away from direct heat, in a cool, dry location, away from strong contaminating odors. Storage conditions should not exceed 80°F and 60% R.H.

### Allergens

CONTAINS:

Milk or Milk Derivatives

FREE FROM:

Crustaceans or Crustacean Derivatives, Eggs or Egg Derivatives, Fish or Fish Derivatives, Peanuts or Peanut Derivatives, Soybeans or Soybean Derivatives, Treenuts or Treenut Derivatives, Wheat or Wheat Derivatives

### Product Images



Nutritional/Diet Claims: Gluten Free