**** H x W: 3.66 x 2.15; For compliance, this Nutrition Facts Panel may NOT be reduced ****

Nutrition Fa Serving size 1 filet (14)	
Calories 2	20
% Dai	ily Value*
Total Fat 10g	13%
Saturated Fat 3.5g	19%
Trans Fat 0g	
Cholesterol 95mg	31%
Sodium 80mg	4%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 31g	
Vitamin D 0mcg 0% • Calcium 4	0mg 4%
Iron 2.3mg 15% • Potassium 480	mg 10%
* The % Daily Value (DV) tells you how muc in a serving of food contributes to a daily d calories a day is used for general nutrition	liet. 2,000
Calories per gram: Fat 9 ● Carbohydrate 4 ● Protein	4