

1424 BEEF CULOTTE STEAK BLACK ANGUS USDA CHOICE 6oz.

**** H x W: 4.07 x 1.93; For compliance, this Nutrition Facts Panel may NOT be reduced ****

Nutrition Facts	
Serving size	1 ' (170g/6oz ')
Amount per serving	
Calories	230
% Daily Value*	
Total Fat 10g	13%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 115mg	38%
Sodium 100mg	4%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 36g	
Vitamin D 0.1mcg	0%
Calcium 10mg	0%
Iron 3.5mg	20%
Potassium 620mg	15%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	