

Heinz® Ketchup 14 oz Upside-Down Bottle

Heinz® Ketchup is a rich and thick condiment made from concentrated tomatoes having a bright red color and good tomato flavor, corn syrups, vinegar, salt and spices. America's Favorite Ketchup® is a perfect complement for French fries, hot dogs, hamburgers and so much more. Heinz® Ketchup meets USDA standard for Grade A Ketchup. This 14 oz top-down bottle features a non-removable cap.



Variety	Package Size
+ 78000020	Heinz® Ketchup 14 oz Upside-Down Bottle

Ingredients

Tomato Concentrate from Red Ripe Tomatoes, Distilled Vinegar, High Fructose Corn Syrup, Corn Syrup, Salt, Spice, Onion Powder, Natural Flavoring.

Shelf life: 5 months

Nutrition Facts

Serving Size 1 Tbsp (17g)
Servings per Container about 23

Amount per Serving	
Calories	20
Calories from Fat	0
% Daily Value *	
Total Fat	0g 0%
Saturated Fat	0g 0%
Trans Fat	0g
Cholesterol	0mg 0%
Sodium	160mg 7%
Total Carbohydrate	5g 2%
Dietary Fiber	0g 0%
Sugars	4g
Protein	0g

Vitamin A 2% • Vitamin C 2%
Calcium 0% • Iron 0%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

		2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories Per Gram:
Fat 9 • Carbohydrate 4 • Protein 4