

House-Autry Seafood Breader

#12188

Product:

This is the original House-Autry Seafood Breader for lightly breaded and seasoned fish and seafood.

It enhances the fresh taste of fish and seafood, but will never cover up their delicate flavor.

With House-Autry it's all in the bag.

It is a complete mix of corn and wheat flours, seasonings and eggs, so all you have to do is add the fish and seafood.

When you use House-Autry, you can be assured of serving delicious, golden brown fish every time.

It is a taste that will have your customers coming back for more time after time.

Ingredients:

Yellow Corn Flour, Wheat Flour, Salt, Whey (Milk), Spice, Whey Protein Concentrate (Milk), Onion, Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate.

This product contains wheat, and milk It is blended on shared equipment and packaged in a facility that also makes products containing egg and soy ingredients.

Contains a Bioengineered Food Ingredient.

Ordering Information:

Product Code	#12188	Case Dimensions	18" x 8.25" x 7.5"
Manufacturer UPC	73484	Cube Dimensions	0.64
UPC	12188	Pallet Pack	12 cases/layer-6 layers high
Case Pack	6/5# BAG	Shelf Life	1 year/Stored Properly

Directions For Use:

1. Preheat oil in deep fryer to 350°F or 1/8-inch oil in skillet to medium high
2. Moisten seafood or fish with water or milk. Shake off excess moisture.
2. Coat food with breader (½ cup per pound of food) by shaking together in plastic bag or rolling food in breader on plate.
3. Deep fry 2-3 minutes or until golden brown. Pan fry 4-6 minutes per side or until fish flakes easily. Seafood and thin fish fillets 1-2 minutes; thick fillets 5-7 minutes.

OVEN FRY: In lightly greased baking pan, spray breaded fish lightly with oil. Bake at 425° for 5 minutes per side or until fish flakes.

YIELD: 5 pounds of breader coats approximately 50 pounds of fish or seafood



Nutrition Facts

1 serving per container

Serving size 1 1/2 tbsp. (12g)

Amount per serving

Calories 40

% Daily Value*

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 380mg **17%**

Total Carbohydrate 9g **3%**

Dietary Fiber 0g **1%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 0g

Vitamin D 0mcg **0%**

Calcium 10mg **0%**

Iron 0.1mg **0%**

Potassium 30mg **0%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

For Further Information: Please contact the customer service department at House-Autry Mills, Inc., 7000 US Hwy. 301 South, P.O. Box 460, Four Oaks, NC 27524-0460 or call (800) 849-0802

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