

# Nutrition Facts

3 servings per container

**Serving size** (28g)

**Amount Per Serving**

**Calories** **50**

**% Daily Value\***

**Total Fat** 1g **1%**

Saturated Fat 0g **0%**

*Trans* Fat 0g

**Cholesterol** 15mg **5%**

**Sodium** 580mg **25%**

**Total Carbohydrate** 1g **0%**

Dietary Fiber 0g **0%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

**Protein** 9g **18%**

Vitamin D 0mcg **0%**

Calcium 26mg **2%**

Iron 0.72mg **4%**

Potassium 0mg **0%**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.