

Ingredients

Nutrition

NUTRITION FACTS

Serving Size 1/4 cup (30g)

Servings per Container Varied

Amount per Serving

Calories 170

Calories from Fat 120

% Daily Value*

Total Fat 13g 20 %

Saturated Fat 2g 10 %

Trans Fat 0g

Cholesterol 0mg 0 %

Sodium 190mg 8 %

Total Carbohydrate 10g 3 %

Fiber 2g 7 %

Sugars 1g

Protein 5g

Vitamin A 0%

Vitamin C 0%

Calcium 2%

Iron 6%

Vitamin E 0%

Niacin 0%

Phosphorus 0%

Magnesium 0%

Manganese 0%

Last Changed: 4/4/2014