

<b>Nutrition Facts (Prepared)</b>	
93 Servings Per Container	
<b>Serving Size</b>	
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>210</b>
	% Daily Value*
Total Fat 1 g	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Polyunsaturated Fat 0 g	
Monounsaturated Fat 0 g	
Cholesterol 5 mg	1%
Sodium 350 mg	15%
Total Carbohydrate 38 g	14%
Dietary Fiber 1 g	2%
Sugar 14 g	
Added Sugar 4 g	8%
Protein 13 g	18%
Vitamin D 4.2 µg	20%
Potassium 300 mg	6%
Calcium 230 mg	15%
Iron 10.9 mg	60%
Vitamin A	20%
Vitamin C	10%
Vitamin E	10%
Thiamin	25%
Riboflavin	45%
Vitamin B6	20%
Vitamin B12	50%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

#### INGREDIENTS:

Rice, Wheat Gluten, Sugar, Defatted Wheat Germ, Contains 2% Or Less Of Salt, Malt Flavor, Bht For Freshness. Vitamins And Minerals: Reduced Iron, Vitamin C (Ascorbic Acid), Niacinamide, Vitamin E Acetate, Beta-Carotene, Folic Acid, Vitamin B6 (Pyridoxine Hydrochloride), Vitamin B1 (Thiamin Hydrochloride), Vitamin B2 (Riboflavin), Vitamin D3, Vitamin B12.

**Contains: WHEAT**