

Nutrition Facts

1 servings per container

Serving size

1 bar (68g)

Amount per serving

Calories

250

% Daily Value*

Total Fat 6g	7%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Total Carbohydrate 43g	16%
Dietary Fiber 5g	19%
Total Sugars 17g	
Includes 16g Added Sugars	31%
Protein 10g	19%
Vitamin D 0mcg	0%
Calcium 46mg	4%
Iron 2mg	15%
Potassium 268mg	6%
Vitamin E 0.9mg	6%
Phosphorus 190mg	15%
Magnesium 65mg	15%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Certifications

Kosher Certified	Yes
Kosher Designation	Dairy
Kosher Symbol for Label	OU-D
Halal Certified	No
Organic Certified	Yes
Organic Symbol for Label	Quality Assurance International
Organic Category	Made with Organic Ingredients (70% +)
Non-GM Certified/Verified	Non-GM Certificate Not Required

INGREDIENTS: ORGANIC ROLLED OATS, ORGANIC BROWN RICE SYRUP, SOY RICE CRISPS (SOY PROTEIN ISOLATE, RICE FLOUR, BARLEY MALT EXTRACT), ORGANIC ROASTED SOYBEANS, ORGANIC TAPIOCA SYRUP, ORGANIC CANE SYRUP, CHICORY FIBER, UNSWEETENED CHOCOLATE, COCOA, ORGANIC SOY FLOUR, SUNFLOWER AND/OR SOYBEAN OIL, NATURAL FLAVORS, ALKALIZED COCOA, SALT, MIXED TOCOPHEROLS (ANTIOXIDANT).

English : **ALLERGEN STATEMENT: CONTAINS SOY.**

MAY CONTAIN PEANUTS, TREE NUTS, MILK, SESAME, AND WHEAT.