

# Nutrition Facts

8 servings per container

**Serving size 1 Package (39g)**

Amount per serving

**Calories 190**

% Daily Value\*

**Total Fat** 9g **12%**

Saturated Fat 1.5g **8%**

Trans Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 300mg **13%**

**Total Carbohydrate** 24g **9%**

Dietary Fiber 1g **4%**

Total Sugars 5g

Includes 5g Added Sugars **10%**

**Protein** 4g

Vitamin D 0mcg 0% • Calcium 20mg 0%

Iron 1.3mg 6% • Potassium 60mg 0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** **Enriched flour** (wheat flour, niacin, reduced iron, vitamin B<sub>1</sub> [thiamin mononitrate], vitamin B<sub>2</sub> [riboflavin], folic acid), **soybean oil** (with TBHQ for freshness), **peanut butter** (roasted peanuts), **sugar, dextrose.**

**Contains 2% or less of** salt, malt powder (malted barley flour, wheat flour, dextrose), leavening (baking soda, monocalcium phosphate, sodium acid pyrophosphate), soy lecithin, whey, yellow 6, red pepper, cheddar cheese (milk, cheese cultures, salt, enzymes), disodium phosphate, buttermilk.

**CONTAINS WHEAT, PEANUT,  
SOY AND MILK INGREDIENTS.**