

Mini Pretzels



Ingredients

Enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, salt, malt, dextrose, canola oil*, yeast, soda.

Allergy Information

CONTAINS: WHEAT

Nutrition Facts

Serving Size: Size 20 Minis (30g)

Amount Per Serving

Calories: 110

Calories from Fat: 0

% Daily Value

Total Fat: 0g

0%

Saturated Fat: 0g

0%

Trans Fat: 0g

Cholesterol: 0mg

0%

Sodium: 250mg

10%

Total Carbohydrate: 25g

8%

Dietary Fiber: less than 1g

3%

Sugars: less than 1g

Protein: 3g

Vitamin A: 0%

Vitamin C: 0%

Calcium: 0%

Iron: 8%

Thiamin: 10%

Niacin: 8%

Riboflavin: 8%

Folate: 15%

*Percent Daily Values are based on a 2,000 calorie diet.

Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9

Carbohydrate 4

Protein 4